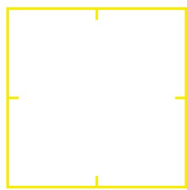
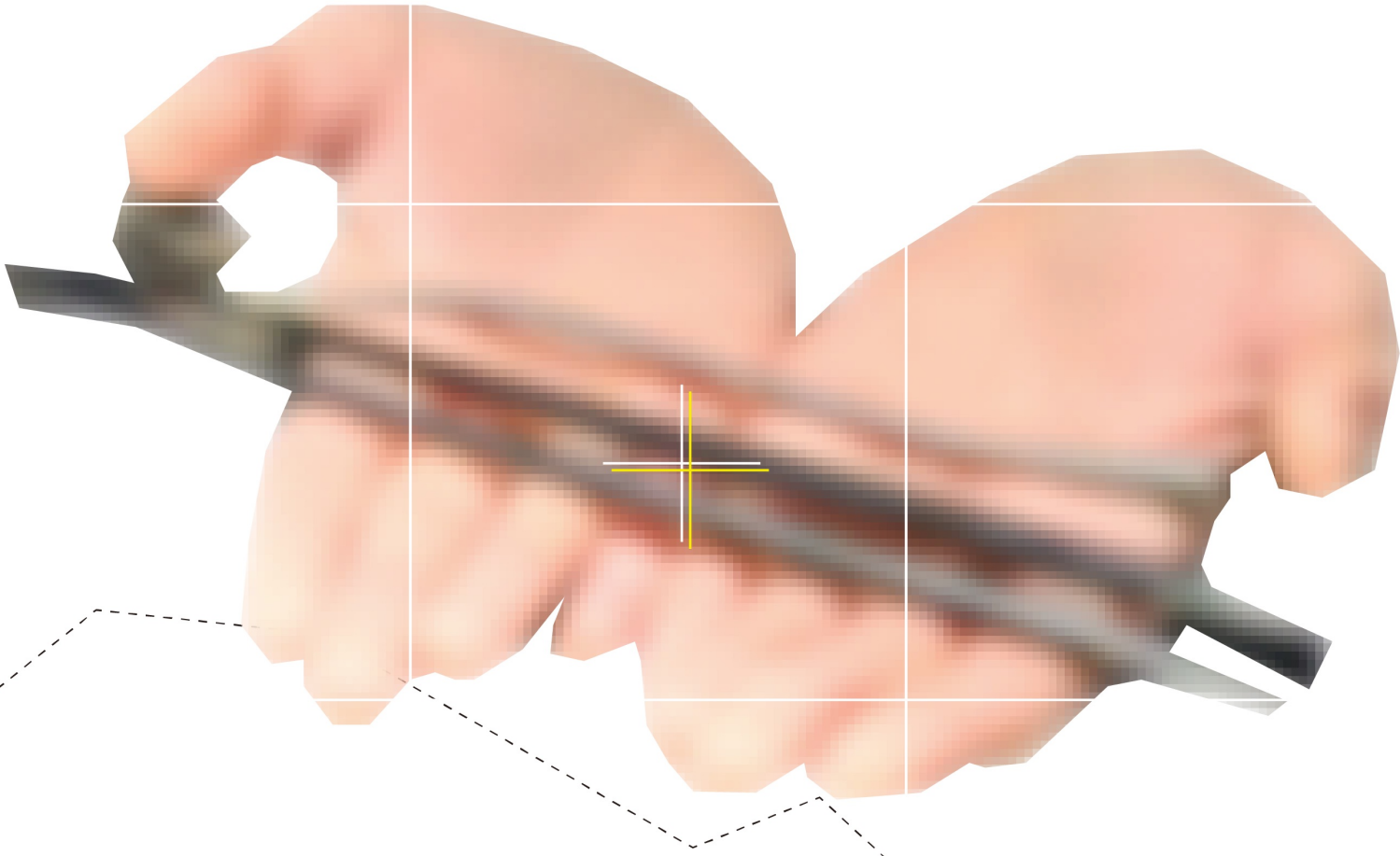


MEAL CHECK-IN SCRIPT

5:7

JPEG



2/.How to post [FOOD]?

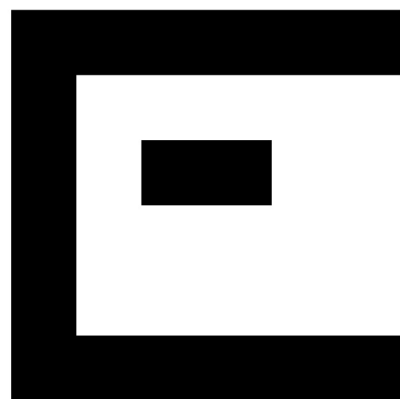
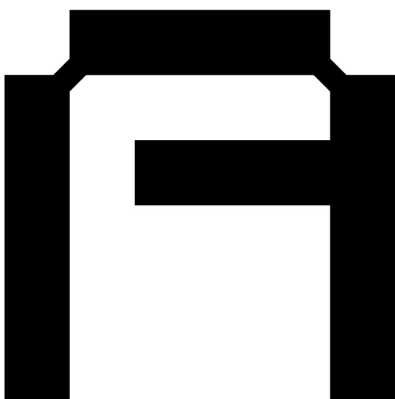
Before "meal"

3:4

JPEG



- (A) Definition
- (B) Location / Spatial Context
- (C) Body . Pose
- (D) Object
- (E) Composition



TAG Layer

The Tag Layer labels the functional role and weight of elements to support script recognition and classification.

- N — NECESSARY ELEMENT**
*Elements required for script recognition.
If missing, the script cannot be identified.*
- V — VARIABLE ELEMENT**
*Elements that can change without
breaking script identity.*
- D — DISTINGUISHING ELEMENT**
*Elements used to distinguish sub-variants
within the same script.*
- C — CONTEXT ELEMENT**
*Elements that strengthen cultural, geographic,
or social meaning.*
- F — FUNCTIONAL ELEMENT**
*Elements that support composition, positioning,
or narrative clarity.*

[De · fi ni · tion]

Script.

● *This script originates from the broader visual culture of everyday food documentation ^N and lifestyle self-presentation.*

It describes a widely recognised image formula in **{which eating is transformed}** ^G into visual proof of daily life continuity, emotional state, and lifestyle stability.

The script follows a widely recognised behavioural ritual — photo first, eat later. The subject often remains visually present while reducing facial identity visibility. ^F

Primary Social Purpose.

1.<I am maintaining daily life routine.> **2.**<I am emotionally rewarding or comforting myself.> **3.**<This moment is socially postable.> **4.**<The food taste good> **5.**<Food looks so nice> **6.**<I was healed by the food> **7.**<The meal was very luxurious.> **8.**<The meal was very luxurious.> **9.**<The dishes are nice.>



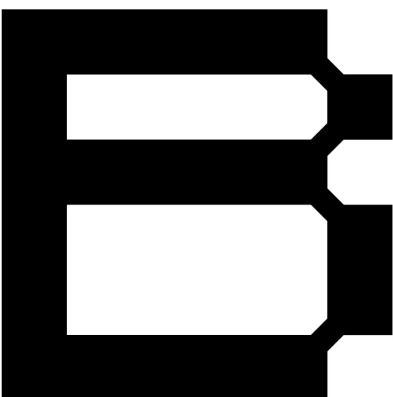
[Location]

Spatial Description

- *Recognisable dining table context must be visible.* A
- 1. *Shared-table viewpoint positions viewer as opposite seat.* A
- 2. *Subject positioned upper frame, table foreground dominant.* A F
- 3. *The dishes on the table enhance the sense of reality in the physical world.* P C

Environment Description

- 1. *<Warm indoor lighting reinforces comfort and healing mood.>* C P
- 2. *<Low light or noise reinforces realism.>* D F P
- 3. *<Steam and food gloss reinforce sensory presence.>* D F P
- 4. *<Very quiet and elegant environment.>* P




[Body · Pose]

A. Body State

1. *Slight forward lean toward food.* V
2. *Lowered head orientation.* V
3. *Relaxed shoulder posture.* F
4. *Inward and emotionally immersive posture.* C
5. *Bring both hands together, with palms facing upwards (in the begging position)* V

B. Action Snapshot F <Multiple choice>

1. *Hands forming pre-eating  ritual gesture.* V F
2. *Symmetrical hand placement near table edge.* F
3. *Pause moment between documentation and eating.* C
4. *Micro lifestyle gestures.* D

Face State . Expression

- 1. *<Face partially obscured by hat, hair, or angle.>* V D
- 2. *<Avoid direct camera gaze.>* C F
- 3. *<Soft or neutral emotional expression.>* C F



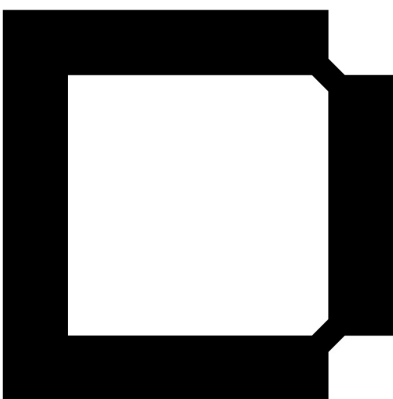
[Objects · Query Entry]

Core Objects

- **1.** *Main dish container must be clearly identifiable.* v
- **2.** *Eating tools must appear in frame (**chopsticks / spoon / fork / knife**).* v f
- **3.** *Table environment must support real dining context.* v
- **4.** *{**Hot + cold food**}* combination reinforcing full meal narrative. **5.** *Multi-dish table spread.* r **6.** ***Hotpot or central pot** with surrounding ingredients.* **7.** *Half-cut food indicating meal progression.* c r
- **8.** *Half-cut food indicating meal progression.* r
- **9.** *Apron and hat.* v

Reinforcement Objects

- **1.** *<Side dishes reinforce abundance evidence.>* r
- **2.** *<Napkins and trays reinforce daily-life realism.>*
- **3.** *<Clothing fragments reinforce lifestyle continuity.>* f r
- **4.** *<Condiment dishes reinforcing real dining behaviour.>* r
- **5.** *<Restaurant service objects reinforcing real environment.>* c
- **6.** *<Restaurant service objects reinforcing real environment.>* *<QR menu reinforcing contemporary dining behaviour.>* c



[Composition · Query Entry]

Shooting Angle

● **1.** *Mild or full top-down dining angle.* ✓ ● **2.** *Close top framing emphasises food detail.* Ⓚ ● **3.** *Slight diagonal perspective reinforces realism.* F Ⓚ

Element Ratio . Layout Rules

- **1.** <Food occupies 55–80% of frame.> ✓
- **2.** <Subject occupies upper frame edge.> ✓ F
- **3.** <*Hands act* as central visual anchor.> ✓
- **4.** <Balance everyday normality with mild aesthetic elevation.> Ⓚ

IF

Food occupies dominant visual area

AND *Subject present but identity reduced*

AND *Hands form ritual or pause gesture*

AND *Environment recognisable as dining space*

THEN

Standard Meal Check-in Script

